

WALK FOR LIFE WEST COAST

Trip Guide

January 24, 2015 – San Francisco, CA





Schedule of Weekend Events – *Walk for Life West Coast*



Friday, January 23, 2015

- 12:00pm – *Standing Up 4 Life Walk*, Oakland City Hall, Oakland
- 5:30pm – *Annual Prayer Vigil for Life*, St. Dominic’s Church, San Francisco
- 5:30pm – *7th Annual Conversation for Life Benefit Dinner*, Oakland
- 8:00pm – *All Night Eucharistic Adoration*, SS. Peter & Paul Church, SF



Saturday, January 24, 2015

- 7:30am – *Fr. John Malloy 5k Walk / Run*, Golden Gate Park, San Francisco
- 9:30am – *Walk for Life Mass* – St. Mary’s Cathedral, San Francisco

MAIN EVENT – *Walk for Life West Coast* – Civic Center Plaza – San Francisco

- 10:45am to 12:15pm – *Silent No More Awareness Campaign*
- 11:00am to 12:30pm – *Walk for Life Info Faire*
- 12:30pm to 1:30pm – *Walk for Life Rally*
- 1:30pm – *Walk* starts down Market Street to Justin Herman Plaza / Embarcadero
- 5:00pm – *Law of Life Summit West*, St. Mary’s Cathedral, San Francisco
- 5:00pm – *Solemn High Mass in the Extraordinary Form*, National Shrine of St. Francis of Assisi, San Francisco



Sunday, January 25, 2015


- 9:30 am – *Students for Life of America West Coast National Conference*
St. Mary’s Cathedral, San Francisco, CA

For more information on each of these events, please visit our website.
<http://www.walkforlifewc.com/event-info/event-schedule/>



WFL Checklist and Planning Guide

We at the WFL Committee are committed to making your pilgrimage to the *Walk for Life West Coast* in January as smooth and enjoyable as possible for you and your group! Whether you are coming by yourself, with family and friends, or with an entire church or school group we want everyone to have a wonderful time as we stand together in a unified presence to honor and celebrate the sanctity and dignity of every human life! *Life is the best and only good choice!*



- ◆ Review our website for all of the current *Walk for Life* information.
<http://www.walkforlifewc.com/>
- ◆ Sign up for our WFL newsletter to be kept current on all of the updates and latest information. <http://www.walkforlifewc.com/register/newsletter/>
- ◆ Sign up on our WFL Social Media Pages. Hashtags: #WFL #WalkforLife
Facebook Page – <https://www.facebook.com/WalkforLifeWC>
Twitter – <https://twitter.com/walkforlife>
Instagram – <https://instagram/walkforlifewc>
YouTube – <https://www.youtube.com/user/Walkforlifewc/videos>
- ◆ If you are new to the *Walk for Life*, here is the location & directions via various public transportation options.
<http://www.walkforlifewc.com/event-info/directions-2/>
- ◆ Want to know who's speaking the WFL Rally? Read up on them before the event. <http://www.walkforlifewc.com/event-info/speakers/>
- ◆ Register your group/organization to have an exhibit at our WFL Info Faire.
<http://www.walkforlifewc.com/register/info-faire-registration/>
- ◆ Reserve your lodging for the WFL weekend. We strongly suggest that you check out alternative housing through AirBNB. <https://www.airbnb.com/>
<http://www.walkforlifewc.com/event-info/accommodations/>
- ◆ For Group Housings requests, fill out the registration form.
<http://www.walkforlifewc.com/register/housing-registration/>

WFL Checklist and Planning Guide

- ◆ Register a bus or buses for your group transportation.
<http://www.walkforlifewc.com/register/bus-registration/>

Here are some excellent tips that we wanted to share with you from a past Bus Leader in coordinating for a bus from your local church and/or school.

1. Things to request of your priest/pastor:
 - ◆ Get his permission to have a bus leave from your church.
 - ◆ Ask your priest/pastor to join you on the Walk (priest/religious/seminarians go free).
 - ◆ Arrange to have notices placed in bulletins.
 - ◆ Arrange to place WFL flyers in church vestibule. You can also download flyers here.
<http://www.walkforlifewc.com/media-center/downloads/>
 - ◆ Arrange to either place smaller flyers (customized to your church) in the bulletins or to be left so people can get them as they come in or leave.
 - ◆ Arrange for several people to be available after each Mass/service with a sign-up sheet to take reservations and monies.
 - ◆ Ask the pastor to announce the Walk and bus departure after all the Masses/services and/or ask if someone connected with church bus can speak after all the Masses/services.
2. Contact the bus company to reserve a bus. They may require a contract and a deposit.
3. Complete the contract and return it with any required deposit.
4. Register your bus with the *Walk for Life*.
<http://www.walkforlifewc.com/register/bus-registration/>
This page also enables individuals to locate a bus in their geographic location and contact the bus captain directly.
5. Contact your local media to see if any will advertise the fact you have a bus going to the *Walk for Life*. Arrange to have your information advertised in the local papers.
6. If you are arranging more than one bus, arrange to meet the bus captains at the beginning of this effort and confirm everyone's contact name, phone number, cell phone number, email address and possibly mailing address.
7. Arrange to meet at least once a month if beginning in August and then periodically and at least 3 weeks before the Walk.
8. PRAY BEFORE EACH STEP AND HAVE FUN.

WFL Checklist and Planning Guide

- ◆ Check back regularly for open seats on buses that are available from various cities. <http://www.walkforlifewc.com/register/need-a-ride/>
- ◆ If you are planning to drive into San Francisco, check out the parking options. <http://www.walkforlifewc.com/event-info/parking/>
- ◆ We once again have our own *Walk for Life* products that are available for you to order. Just in time for Christmas! <http://walkforlifewc.spreadshirt.com/>
- ◆ Help us keep the *Walk for Life* going through your donations. Thank you for your generosity! <http://www.walkforlifewc.com/donate/>

WWW.WALKFORLIFEW.COM



"GOD WILL NOT BE DEFEATED
IN THE LIFE ISSUES!"



- JENNIFER O'NEILL
WALK FOR LIFE WEST COAST 2013

WFL FAQs

Our Mission

To change the perceptions of a society that thinks abortion is an answer. Abortion does violence to women and to their children, both physically and emotionally. We deserve better than abortion. We intend to establish a new West Coast tradition of celebrating life and we're calling for solidarity among women and all people of good will in affirming human life. Abortion harms women and men; it divides families and society. Women—and all people—deserve better than abortion. We strive to shed light on all issues of life, but particularly to change hearts hurt by the violence of abortion.

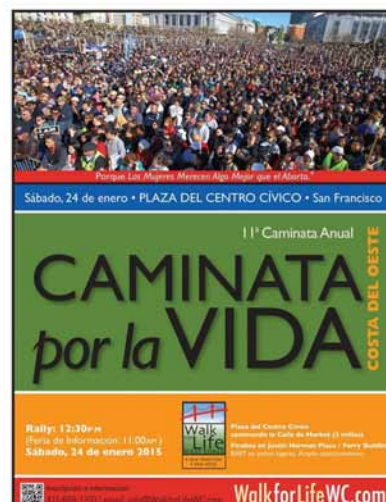
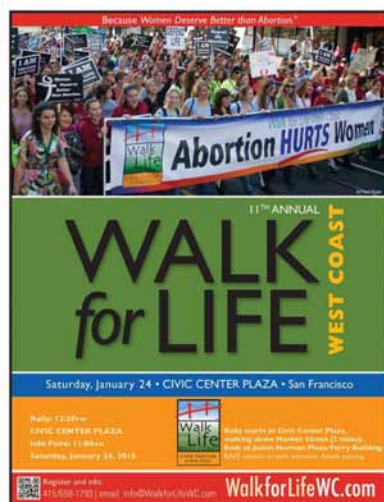
Our Goal

To be a vocal and visual message that people of the West Coast stand for life. To reach out to women harmed by abortion. To inform society of the damage done to women by abortion. **Walk for Life's** goal is to reach out to: Women Hurt by Abortion, You and Your Community, and Our Society.

What We Do

Peaceably protest abortion, walking through San Francisco every year on or near January 22, the anniversary of Roe v. Wade, the U.S. Supreme Court decision legalizing abortion. Walk with us! Walkers of all ages, backgrounds, races, and creeds join us every year for a joyous celebration of life. Make sure to get all the info for this year's event by checking our event page.

<http://www.walkforlifewc.com/event-info/event-schedule/>



WFL FAQs continued

Where and When is the *Walk for Life West Coast*?

The eleventh annual *Walk for Life* will be held on Saturday, January 24, 2015 at Civic Center Plaza in beautiful San Francisco, CA. The WFL Info Faire begins at 11:00am and the official WFL Rally begins at 12:30pm and lasts about an hour. Then the Walk itself moves from Civic Center Plaza and ends at Justin Herman Plaza area at the Embarcadero area on the waterfront.

What should I bring to the *Walk for Life*?

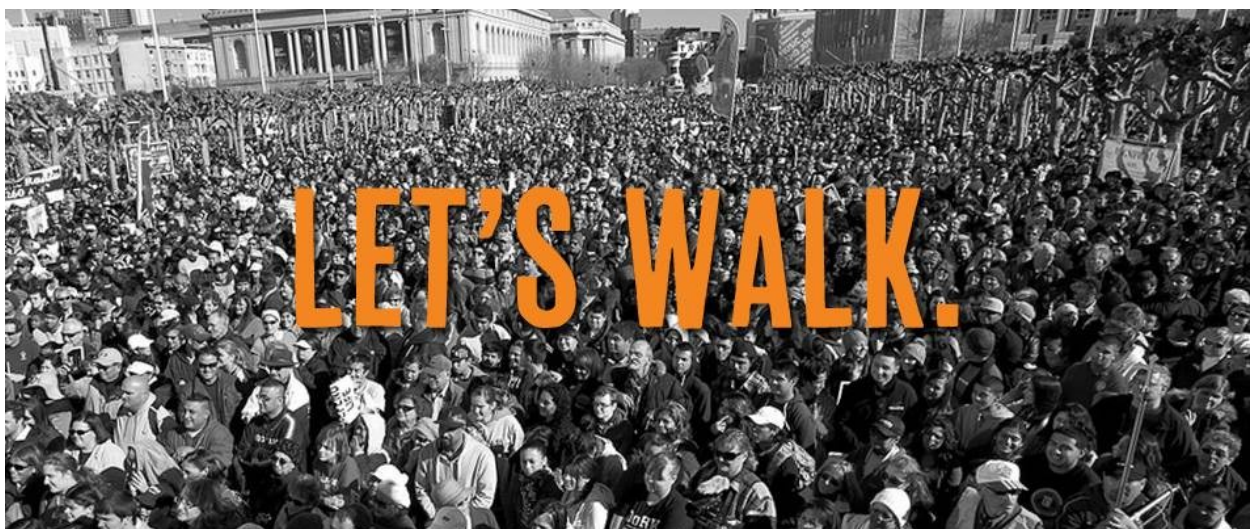
Anything that would make your pilgrimage to San Francisco more enjoyable and comfortable for you, your family and friends, and your group. We suggest that you check the weather reports before your trip, but you should have a warm jacket, sun hat and sunglasses, water bottle, backpack with snacks, cell phone, camera, etc.

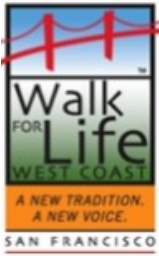
Where do the buses drop off?

The majority of buses drop off the groups directly at the Civic Center Plaza where the *Walk for Life* Rally is held. Many groups attending the WFL Mass at St. Mary's Cathedral drop their participants off at the Cathedral before the 9:30am Mass, and then the group can walk over to Civic Center Plaza afterwards.

Is there a cost to come to the *Walk for Life*?

No, the Walk survives entirely through your kind donations and there has never been any charge to participate.





WALKERS' CODE OF CONDUCT

BE 100% PEACEFUL AT ALL TIMES!!!

THE *WALK FOR LIFE WEST COAST* IS A QUIET AND PEACEFUL MARCH THROUGH THE HEART OF SAN FRANCISCO'S DOWNTOWN

With our growing crowds at the *Walk for Life* on the streets of San Francisco, it is vital that everyone follow these important safety instructions. If a protestor is verbally or physically threatening, immediately find a *Walk for Life* security team member (in yellow or orange vests) or a San Francisco police officer to assist.

- Do not speak to them
- Do NOT threaten them
- Do not look or stare at them
- Do NOT get close to them
- Do not reply to them - EVER
- NEVER EVER TOUCH THEM!!!

OBEY THE SAN FRANCISCO POLICE AT ALL TIMES

The police will arrest anyone who disrupts the event, or anyone who breaks the law!

Do NOT give money to people walking through the crowd (in the past the opposition has collected money from Walkers). We will be gratefully accepting donations at the designated areas at the Civic Center Plaza only.

To maintain the peaceful and prayerful attitude of the Walk, please do not bring any graphic images of abortions to the Walk.


STAY WITH YOUR GROUP AND WALK IN TIGHT FORMATION

Please be aware of your surroundings at all times and **STAY OUT OF TRAFFIC!** It is especially important to follow instructions when returning to your buses. Stay off the street and use the sidewalks.



HELP US SPREAD THE WORD

We at the *Walk for Life West Coast* are not a big organization. We depend on “grass roots” effort to spread the word about the *Walk for Life*. You probably know many pro-life people that we don’t and we could use your help spreading the news.

1. There are many pro-life churches and other organizations that we are not aware of, might not have the contact information for, have overlooked or don’t have the time to look up. You can help. Call them directly and make sure that they are aware of the *Walk for Life*. Invite them to come. If they need materials or want more information, direct them to our website or have them call us for flyers.
 2. If you know a pro-life pastor, media source or contact for an organization who would send out the word to their own people, please email that information to us at info@walkforlifewc.com or call us at (415) 658-1793.
 3. Please download our B&W flyer and photocopy it to be placed in churches, schools if permitted, grocery store public bulletin boards or wherever it is legal to do so. <http://www.walkforlifewc.com/media-center/downloads/>
 4. If you would like to pass out or mail out our color flyers, please contact us at info@walkforlifewc.com. Tell us the quantity and your contact information and we will get them out to you.
 5. Call in to your favorite talk radio programs and mention the *Walk for Life West Coast*. Especially if you have attended numerous times over the years, please tell them what a prayer filled and positive experience it has been for you and your family and friends.
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WFL PAST PARTICIPANTS

*“I have been participating in the **Walk for Life West Coast** for the past four, consecutive years. It's an awesome feeling being part of such a HUGE, prolife family. I am honored to be part of it, and it's a spiritually rewarding experience that you cannot find at any other pro-life event. Despite having bad knees, a heal spur, and other chronic health issues, I make it a point to participate in the Info Faire and the walk, every year. It's critical that those of us who uphold the sanctity of life, bear witness to this truth, in the public square. I am powerless to stop abortions, but collectively, we have not only the support of others, but we are soldiers of peace, brought together by God, to share the truth that abortion is a heinous evil. I would encourage ANYONE who is prolife to join this event, meet others, network, attend the Info Faire, and be a witness in a city known for its anti-life, anti-woman, anti-family, anti-God mindset and policies.”* Matt, San Francisco

“Our family has attended the WFLWC since 2011. It is an event that once you attend you wonder why you had not before. To be among tens of thousands of people from different backgrounds to hear the testimonials of how abortion has taken so many lives, changed so many lives, and yet that healing can take place is very uplifting. WFLWC is the place to see and hear from Pro-Life Warriors from across our nation. Bringing our young children is the start of how we raise the Pro-Life Generation.” Perez Family



We look forward to welcoming you all back to
San Francisco for the

11th Annual Walk for Life West Coast!

Need more information or have questions,
please contact us.

We love to hear from you!

Website: <http://www.walkforlifewc.com/contact-us/>

General inquiries: info@walkforlifewc.com

Info Faire & Housing: wflwc@live.com

Media: media@walkforlifewc.com

Phone: (415) 658-1793

Mailing address: P.O. Box 225044
San Francisco, CA 94122





Walk for Life West Coast

Design-A-Shirt Contest

Want to see your original and artistic design on WFL T-shirts this January? Then start working on your designs! Open to all High School and College Age Young Adults!

Winning entries in both high school and college age categories will receive:

- \$500 – First Place
- \$350 – Second Place
- \$150 – Third Place

Plus, the winners who attend the *Walk for Life* will be interviewed on EWTN's live coverage on January 24, 2015!

You can submit your entries via our website at:
<http://www.walkforlifewc.com/event-info/design-a-shirt-contest/>

Submissions must be received by December 15, 2014.

Good luck and keep sending in those entries to us!